



The

Life in a Nutshell

Video Based Program

1. What can I learn from Adam and Eve's lives?

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Directed by the Holy Spirit

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What is this?

This is a tool to train children and adults in Christian spiritual- and life values.

Why would you want to train a child?

If you have experience in evangelism and discipleship, you probably would have noticed that it's easier to reach adults who have a background in Christianity. They also grow faster in their relationship with Christ.

Therefore this program you're about to experience is ideal for providing children, and even adults, with the much needed foundational knowledge of the Bible and its application in their lives.

In John 8:31-32 Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free." He said in Mathew 19:14: "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

It is generally accepted that children become accountable to God at the age of around twelve. Until that age they are absorbing information and foundations are laid, which will be set for life.

We believe, however, that it goes beyond this age. Proverbs 22:6 says "Train a child in the way he should go, and when he is old, he will not turn from it."

What do we offer you?

We tend to focus on children, but in reality anybody from ages six to one hundred can benefit from this program.

We teach Biblical values and principles the fun way in order to make Christ your anchor. This program teaches viewers about the history and lives of the Biblical characters the Lord used to accomplish His purposes. It then draws it through to spiritual principles and life values the viewer can learn from these lives. The Lord's character and nature is also revealed in the process.

Once the participants have learnt to find peace and acceptance with Jesus, they will not search for it with friends. Teaching children from

young to live their lives according to Biblical principles and values will prevent peer-pressure related anti-social behaviour and therefore crime.

The outcome of an active relationship with Jesus Christ is care, love, peace, respect, and discipline. We aim to help participants lay this foundation in their respective lives.

This leads to more productivity and less crime.

Medium

As parents we all know that children these days have the so-called 'square eye syndrome' thanks to the electronic media. In fact most people actually have this. We felt the Lord guided us to use this phenomenon to the benefit of teaching. We therefore have a range of videos compiled in the accompanying DVD. Along with the videos it is essential for the facilitator to be guided by the accompanying questions to build these outcomes, principles and values into the lives of viewers, whether they're adults or children. The entire presentation takes around 15-30 minutes.

This can be used as part of the program at your youth group or Sunday School/Children's Church, during an outreach, or a children's seminar.

You can have outreaches to:

- Schools
- Youth groups
- Play schools
- Children charities
- Children's conferences
- Camps
- Holiday programs

Training

You don't need specialist knowledge to present these videos. Later in this document you'll find a brief training, which is the same as the one in the last chapter of the DVD, which includes the sample presentation video.

Life in a Nutshell Facilitator Training Notes


Good day to you. Welcome to Life in a Nutshell Training. By the time you have read through this brief training, you will know enough to facilitate learning.

You will be motivated to help many children find a fulfilling relationship with the Lord Jesus Christ. In this package you'll find the videos, guiding questionnaires, and guidance to lead someone to the Lord. These can be used to give children (as well as deaf, blind, and illiterate adults) a good basic knowledge of the Word of God. Their faith will grow and they will know how to walk with the Lord, rather than to be religious.

The Role of the Facilitator.

This is a brief foundational training for you as a facilitator. The role of a facilitator is to facilitate learning with the audience. You are however more than a facilitator. You are also a Bible teacher under guidance of the Holy Spirit. You don't need a Bible School background, but do need a personal relationship and walk with the Lord.

A good knowledge of the Bible passages you're presenting is essential. These can be found on the questionnaire:



1. Creation Questions:
Genesis 1 and 2, John 14:21 and 23

These questions are designed to guide the presenter ministering to the children after the video was presented.

You need to prepare thoroughly by reading the relevant chapters. This, together with the questionnaire, will provide the necessary background

for the session you're about to present.

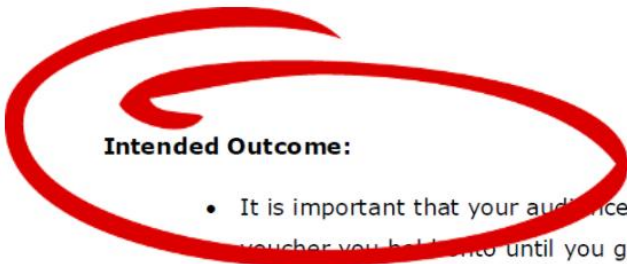
For each session you'll find the video on the accompanying DVD. Please present the videos in sequence, since they follow a particular learning pattern. In this document you'll find the questions which are on photocopiable pages that can serve as masters to be copied. They are designed to stimulate your mind and imagination and create opportunity for ministering to the audience however the Holy Spirit guides you. Please refrain from getting sidetracked and revert to preaching. Try and stick to the questions to maintain interaction with the audience.

If you want to accomplish the aim of this project, it will be wonderful if you keep the following in mind:

These videos are NOT just Bible stories.

Each video represents deep spiritual truths with practical applications, for example: *"People also don't rule over the earth anymore, because Satan, who cheated Adam, rules now. Many years later Jesus, the Son of God, would be born as a man. He would rule over Satan on behalf of those who believe and do what Adam should have done – put Satan in his place! Jesus was called the second Adam, and those who believe in Jesus can have the same power Jesus has, if they obey Him"* (Transcribed from video 3 - *Sin's Effects*).

The aim is to equip children from a young age with truth. This will enhance both their faith and relationship with their Lord. Please ensure you familiarise yourself with the truth and the outcome we intend to impart. Keep these in mind during the presentation, rather than just telling a story. Also keep the aim of this program in mind. This information can be found on the documents containing the questionnaires.



Intended Outcome:

- It is important that your audience understand that faith is the voucher you hold onto until you get what the Lord wants for you.
- Life is not about what you want, but about what the Lord wants for you; for the sake of His Kingdom. This we receive through faith.
- 1 Corinthians 13:13: "And now these three remain: faith, hope and love. But the greatest of these is love." God's **love**; the ultimate solution to any challenge you face, is the object you aim to have. It's always there, but you need to make it your own. You **hope** (have a glad expectation) to possess and live out (exercise) this object (God's love). **Faith** is the substance and evidence (the voucher or proof) that you have it, until you feel part of it through a relationship with Him.

Please do not skip any questions.

The questions are a purposeful repetition of the most important facts mentioned in the video. This has the following benefits:

1. You can determine whether the children have listened.
2. You can see whether they have understood the message.
3. The repetition reinforces the message.
4. It helps those, who missed something the first time, to get it.
5. The re-emphasis imprints the truth in their hearts.
6. The questions inspire you to share additional thoughts.

In preparation familiarise yourself with the questions by reading through them a few times, thinking them over. This will allow for them to be familiar to you during the presentation.

The idea is NOT to read the questions to the audience. The questions are written to the facilitator in an adult manner. You as facilitator ought to

ask the questions in your own words on the level of the age group you're serving.

This is why you ought to familiarise yourself with them during preparation so you could find the question on your sheet at a glance. We always work with the questionnaire in hand so we don't forget questions.

Feel free to adapt the wording of the questions to the age and ability of the group.

Pray beforehand.

These videos were initiated by the Holy Spirit. Every word and picture was obtained under His direction. Because He has initiated this program, working with Him will be the wise thing to do. Therefore, without prayerful preparation along with the Holy Spirit, it will just be a religious exercise.

Pray it through before the time and if possible, have intercessors pray during the presentation. Children are not just to be babysat. They are the next generation believers and if their foundation is sound, the future church will be healthy.

Be over the top!

Children like the loud and dramatic. Not everybody can be loud, but at least be dramatic. Elicit response from the audience. Compliment, reward and be an actor. We often make use of declarations and the children love them.

Declarations are slogans of faith that you call out in sections and the audience repeat them. In the spiritual realm these little believers establish proclamations that will have an everlasting effect on their lives. For example: "In Christ I am more than a conqueror. With Jesus on my

side I have nothing to fear!!”

You have been gifted and will be directed to bring forth something unique, based on truth relevant to the video. Feel free to use your initiative under guidance of the Holy Spirit.

The video in the last chapter on the DVD contains this training including an example of a presentation. Please watch it carefully.

When we do a presentation, we do an introduction of what is coming. This includes the declarations and usually prayer. Then we play the video and thereafter discuss questions from the questionnaire. You'll see in the sample presentation video at the end of the training video how this works.

Whilst watching the sample presentation, look out for the following:

1. Concern for the audience's wellbeing,
2. Making declarations,
3. Giving encouragement,
4. Crowd control – putting up of hand,
5. Handling of wrong answers,
6. Repeating their answers,
7. Prompting for answers,
8. Controlling attention span and tiredness,
9. Handling of audience's opinions,
10. The role of repetition, and
11. Creating understanding by means of explanation.

There you have it. We pray that you will have much joy and fruit in presenting these video teachings to the children that matters to you. Please contact us with any questions at cwhl@live.co.uk. Have a look at our website www.t-a-c.co.za.

Introduction to the Questions

These questions are designed to guide the presenter of this video in ministering to the children after the video was presented to them. The idea is to

- test how they have listened,
- re-emphasize important truths to solidify it in their minds and spirits, and
- create a foundation for the Holy Spirit to minister to them through the facilitator as the presenter.

Feel therefore free to make use of this opportunity to speak into the children's lives on the topic the video has highlighted.

The questions are designed to bring over a pertinent point and it is preferable that you stick closely to them.

1. Creation Questions:

Genesis 1 and 2, John 14:21, 23

Intended Outcome:

By the end of the presentation the listeners should have learnt that

- Everything was created by God.
- Father God is madly in love with you and me and created you with care (Psalm 139).
- Father God wants to be with us, His creation, all of the time.

Questions

1. Q: How do we know it was six 24 hour days in which the earth was created?

A: *(The Bible says every time it was evening and it was morning. Only a 24 hour day has a morning and an evening. Facilitator to stress that it could therefore not have been evolution.)*

2. Q: Apart from people, how did God make everything?

A: *(He only spoke words saying: 'let there be... light' etc.)*

3. Q: How did the Lord then make the first man, Adam?

A: *(He formed him lovingly from the dust with His own hands. Facilitator may dramatize the process to make it visual and indicate the Lord's amazing love for people – refer to Psalm 139.)*

4. Q: How did the Lord make this man alive?

A: *(He breathed **His** breath into man's nose. Facilitator to emphasize the significance of God's life we received.)*

5. Q: What did God use to make Eve from?

A: *(He put man asleep, removed his rib, and formed Eve lovingly from the rib.)*

6. Q: The Lord God was excited when He made the first people. How do we know the Lord God is excited about each one of us?

A: *(Because He still takes time to make you better, if you allow Him to.)*

7. Q: Who did the Lord trust to rule over the earth?

A: *(Adam. The Lord trusted people enough to work along with Him to rule over the earth.)*

8. Q: What did the video say the Lord wanted people to do?

A: *(Love Him back and spend time with Him.)*

9. Q: How can we love the Lord God back?

A: *(Through obedience. Can you think of a few examples of obedience:*

- *Obey your parents,*
- *Obey your teachers,*
- *Obey the law,*
- *Help people,*
- *Give money and gifts to those who need it,*
- *Use your talents,*
- *Tell people about Jesus' love for them.)*

Memory Verse:

Mark 12:30: Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

2. Sin Began Questions

Genesis 2:16, 17 and 3:1-7

Intended Outcome:

By the end of the presentation the listeners should have learnt that

- This break in the relationship could be fixed by us starting a new innocent relationship with Father God through Jesus, the new Adam, who bought us back from Satan through His death on the cross.
- This is an opportunity to present the gospel to the audience

Questions

1. Q: The Lord God did NOT want them to eat from the tree of the knowledge of good and bad... Why was that?

A: *(He wanted them to trust Him and obey Him. If they knew too much, they would rely on themselves. They would also want to do the bad things – facilitator to explain.)*

2. Q: Can you remember who God said must rule the earth?

A: *(Adam with Eve as his helper.)*

3. Q: Why did Satan tempt Adam and Eve to disobey?

A: *(He wanted to rule the world.)*

4. Q: What plan did Satan make to get this done?

A: *(If he could get them to disobey the Lord, and their innocent relationship with God died as a result, the earth would be his – facilitator to explain.)*

5. Q: Did Adam and Eve fall over and die when they ate of the fruit?

A: *(No)*

6. Q: Was Satan then right?

A: (No. Even though they still lived, their relationship with the Lord was actually dead. Without that they were as good as dead. As a result they could not be near Him anymore and therefore have His wisdom to rule the earth – facilitator to explain.)

7. Q: What was this called?

A: (Sin. The definition of sin is to miss the mark set for you – facilitator to explain.)

8. Q: What was their actual sin?

9. A: *(Disobedience)*

Memory Verse:

Romans 6:23: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

3. Sin's Effects Questions

Genesis 3:14-24, 1 Corinthians 15

Intended Outcome:

- Satan will always try to lie to you to get you not to trust in Jesus. As you grow older you must work hard at learning how to know when he lies to you. Then you can ignore him and rather listen to the voice of the Holy Spirit.
- This is an opportunity to help willing members of the audience get Jesus into their hearts by committing their lives to Him.

Questions

1. Q: Why did Adam and Eve hide in the garden?
A: *(Because they were scared for they were aware of their sin of disobedience.)*
2. Q: Why was Adam scared?
A: *(Because he felt ashamed that he disobeyed the Lord and ate of the tree he should not have.)*
3. Q: When God asked Adam whether he ate from the tree he was told not to, what did Adam do?
A: *(He blamed Eve and Eve blamed the snake.)*
4. Q: Why should we not blame people?
A: *(We should take responsibility for what we have done.)*
5. Q: Who became the people's biggest enemy?
A: *(Satan.)*
6. Q: What is Satan trying to do in the lives of people?
A: *(He tries to stop people from knowing and obeying Jesus. He steals our peace, joy, relationships etc.)*
7. Q: Who outsmarted Satan?
A: *(Jesus.)*

8. Q: If Jesus lives in our hearts, what do we have?

A: *(Jesus' power to outsmart Satan. His power to overcome all the challenges we face.)*

Memory Verse:

John 10:10: Jesus said: The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

4. The Second Adam Questions

Romans 3, The first five books of the Old Testament about sacrifice (you can search the word 'sacrifice' online), Hebrews 7-10, Hebrews 2, 4:14-16, Acts 2:22-24, 1 Corinthians 15:45-49.

Intended Outcome:

- Jesus understands when we are tempted to sin because He was there Himself.
- It is important to understand that in Jesus we are set free from all kinds of religious rules and regulations. Our behaviour is controlled by our love for Jesus in response to His love for us.
- This is an opportunity to invite the audience to accept Jesus' sacrificial gift and invite Him to come and live in their hearts.

Questions

1. Q: All people that are born since Adam had sinned are born in...?
A: *(Sin. They were born sinners and could not be like God and be in friendship with Him.)*
2. Q: What is it that stands between people and God?
A: *(Sin.)*
3. Q: What did the Israelites have to do to come near to God again?
A: *(They had to sacrifice a perfect lamb to God.)*
4. Q: There was only one way for God to be friends with people again. What was that?
A: *(He had to find a man that was without sin to be sacrificed for everybody's sin.)*
5. Q: Who was that man?
A: *(His own son Jesus!)*
6. Q: Apart from being the sacrifice for our sin, what did Jesus come to show us?
A: *(He came to show us how Father God wants us to live and how to do what He tells us to do.)*

7. Q: Did Satan tempt Jesus as well?
A: *(Yes, Jesus was tempted just like us, which is why He understands what we are going through.)*
8. Q: Did He ever sin?
A: *(No, never.)*
9. Q: What did Jesus do on the cross?
A: *(He gave His life to set us free. Facilitator to emphasize that His life was given and not taken.)*
10. Q: He set us free to do what?
A: *(To love Father God again and be in friendship with Him.)*
11. Q: Why did Jesus not stay dead, but became alive again?
A: *(Because He had no sin.)*

Memory Verse:

The facilitator may teach the children either of these scripture verses:

Galatians 1:4 He gave Himself to die for our sins. He did this so we could be saved from this sinful world.

Hebrews 7:27(NLT): Jesus did this once for all when he offered himself as the sacrifice for the people's sins.

Hebrews 10:10(NLT): For God's will was for us to be made holy by the sacrifice of the body of Jesus Christ, once for all time.

5. Covered by God's Glory Questions

Genesis 1:27, Genesis 3, 1 Peter 4:8, 2 Corinthians 8:9, John 10:1-21, and more.

Intended Outcome:

Focus on those affected by shame due to adult behaviour.

- Remind them that in Jesus they are cleansed of anything from the past.
- Confirm to them that the Lord loves them just as they are, and works at helping them feel better and healing them if they ask Him. Pray for your audience in a group, not individually, and ask God to heal hurtful memories of shame and sin and guide them into forgiving themselves and those that sinned against them.

Questions

1. Q: Why did Adam and Eve not see they were naked?
A: *(They were covered by God's glory for they were just like God.)*
2. Q: What happened after they had sinned?
A: *(God's glory left them for the Lord cannot be in the presence of sin.)*
3. Q: What did they then see?
A: *(All the wrong things. Because they received the knowledge of good and evil through eating the fruit, they knew the evil as well as the good, and had to live with it. In the garden they only knew the good.)*
4. Q: When God killed an animal to make them clothes, it was the first of something. What was it?
A: *(It was the first blood sacrifice for sin.)*
5. Q: What was the end result of their sin?
A: *(A hard life.)*

6. Q: If you accept Jesus' sacrifice for your sin, what happens then?

A: *(The love and glory of Jesus cover your shame and you don't have to feel ashamed of your life anymore. Even though people may be nasty, you will always have Jesus to go to for love and peace.)*

Memory Verse:

1 Peter 4:8: Above all, love each other deeply, because love covers over a multitude of sins.

6. Give your Best Questions

Genesis 4, Colossians 3:23, Colossians 4:5-6

Intended Outcome:

- Read the Bible to learn how to do things right.
- Decide to follow the Bible's advice and not to listen to your own sinful desires.
- Choose to accept Jesus to help you with all this.

Questions

1. Q: Why did God not accept Cain's sacrifice?

A: *(Cain did not do his best. He did not do it God's way. He did not do it the right way.)*

2. Q: When you don't give your best, or don't do things the right way you actually _____?

A: *(You sin.)*

3. Q: If you are tempted to give your second best, what should you do?

A: *(Not listen to it, but give your best. This applies to things you do for your parents, teachers, your employer, and for the Lord.)*

4. Q: Did Cain listen to the Lord's advice to try for a second chance?

A: *(No.)*

5. Q: Why do you think he killed Abel?

A: *(Because he was jealous and angry and thought it would make him feel better.)*

6. Q: What must you do to be happy and successful?

A: *(Always do your best and do things the way the Lord likes it.)*

7. Q: What should you NOT do?

A: *(Listen to the temptation to do wrong.)*

Memory Verse:

Colossians 3:23: Whatever you do, work at it with all your heart, as working for the Lord, not for people.